

Minutes of the Norfolk All Age Autism Partnership Board (NAPB)

Held on: Tuesday 26th March 2024, 11:00 – 1:00pm

Venue: Microsoft Teams

Please note: These notes represent an overview summary of this meeting rather than a verbatim transcript.

Name of Attendee	Organisation and or Role
Lee Gibbons	Norfolk Autism Partnership Co-ordinator
	Operations Manager (ASD Helping Hands)
Trevor Key	Co-Chair
Adrian Grant	Co-Chair
Caron Ager	Commissioning Programme Manager Learning Disabilities and Autism
Caroline Williams	Head of Engagement (Healthwatch Norfolk)
Claire Jones	Local Offer Manager - SEND Strategic Improvement and
	Partnerships, Children's Services
Holly Purchase	Autistic Adult
Joseph Jarvis	Autistic Adult
Jamie Tyson	Family Voice
Karen Dures	Strategic Business Lead – Autism (Norfolk County Council)
Laura Edwards	Autistic Adult
Sharon Brooks	Carers Voice Norfolk and Waveney
Bethany Slaughter	Norfolk Police Mental Health Team Supervisor
Stephen Durrance	Autistic Adult
Tracey Walton	Autism Commissioning Manager (Norfolk County Council)
Stephanie Summers	Clinical Psychologist and Clinical Lead for the
	Neurodevelopmental Service (NCHC)

Apologies Received	Organisation and or Role	
Catherine Haig	Clinical Psychologist (Autism Service Norfolk)	
Maria Karretti	Speciality Advisor for learning disability and autism (Norfolk	
	and Waveney Integrated Care Board)	
Maxine Blocksidge	Senior Adviser SEND (Norfolk County Council)	
Rebecca Crossley	Children and Young people's Senior Clinical Lead Mental	
	Health, Learning Disabilities and Autism (Norfolk and	
	Waveney ICB)	
Tina Allen	Support Worker (Autism Service Norfolk)	
Kim Farthing	Social Worker (Norfolk County Council)	

Rachel Garwood	Senior Nurse Lead for Learning Disability Quality and	
	Individual Patient Pathway Quality in care Team	

Presenters	Organisation and or Role
Claire Sullivan	Norfolk County Council
Susanne Baldwin	Norfolk County Council

Guests	Organisation and or Role

Pre- Meeting Support	Action and Due Date
15 minutes was given to pre meeting support for those who required it.	

Agenda Item	Welcome, Introduction & Approval of minutes and action log	Action and Due Date
1.1	Board Members were asked to introduce themselves in the Teams chat function	
1.2	Welcome and introductions made. Communication prompts posted to the Teams Chat window, and their use explained. No reasonable adjustments were requested. Members reported no declaration of interest.	
	Minutes and action log approved by the Norfolk Autism Partnership Board (NAPB)	
	Code of Conduct to be monitored by Lee Gibbons	
1.3	Action: Rachel Gates to feedback to the NAPB on the request for representative to join the LD& A partnership Board.	
	An agenda item within this meeting	
1.4	Action: To keep in contact with Tracey Wooldridge regarding further updates to the Care, Education and treatment review	Lee Gibbons
	Still no update regarding this to continue to enquire.	
1.5	Action: Creation of a Norfolk Autism Directory	
	Invite to join the Norfolk Autism Directory have now gone out to partners and to other interested parties. Was hoping to officially launch in Autism Acceptance Week (2 nd – 8 th April 2024)/ However this now seems unlikely.	

Agenda Item 2	Co-Chair Update	Action and Due Date
2.1	AG currently attends:	
	Autism and Suicide Prevention meeting ran by public Health (as a NAPB rep and an Expert by Experience)	
	ICB Mental health – as an Expert by Experience	
2.2	Autism and Suicide Prevention	
	 Reported that a working group to be set up looking at Autism and Suicide Links to Mental Health and Suicide in autistic people are being raised. Main difficulty is that they are unable to record Autism diagnosis, so data is not correct. 	
	Mental Health	
	 There is to be a stock take of Mental health service for Autistic People to see what is relevant and available. This is considered a positive move forward. Current concerns around Mental Health services not being aligned to autistic peoples needs and the disengagement of autistic people from the mental health services. 	
2.3	TK currently attends:	
	Adult Safeguarding Board	
	Charging Reference Policy Group	
	Lecturer and expert by experience at the University of East Anglia (UEA)	

Agenda Item 3	Diagnostic Update (Diagnostic Data circulated before the meeting)	Action and Due Date
3.1	Adult Diagnosis (without a Learning Disability)	
	 Annual average referrals of 92 each month Total number of adults waiting 1041 Average of 17 assessment a month 	
	Waiting period breakdown:	
	 0 people waiting longer than 200wks 	

	 11 waiting between 200-104 weeks 318 waiting between 104–52 weeks 541 waiting between 52-18 weeks 171 waiting up to18 weeks 	
3.2	 Commissioners are working with CYP to provide a system approach to provide an autism assessment for those transitioning to adult services. Funding for 2023/24 identified with work in progress to signpost to the external market to offer an earlier assessment and reduce waiting times. Conversations continue to commission the service from March 2025. 	
3.6	Children and Young People wait times.	
	 Due to ongoing contract negotiations with providers this information is currently unavailable. 	
3.7	Question: When will additional funding be in place? The hope is that this will be available in the next couple of months. As those waiting before April 2023 have already been offered the option of an earlier assessment through an external provider and declined, those who joined the waiting list after April 2023 will now be offered the option	
3.8	Question: Given the long waits, can people get funding from the NHS to support obtaining a private diagnosis? (Background – In Hampshire the council have allocated a pot of money to help their waiting list by offering some financial support to those who are seeking private diagnosis and accessing the external market of providers) This model is not something we are aware of and happy to contact Hampshire to find out more information about this programme.	
3.9	Questions: There were concerns around the information released regarding DR Shadi, and not following NICE Compliant guidelines in diagnosis.	

People affected should receive a letter from Norfolk County Council.	
TW to seek a formal response is required from Children's, Young people and Maternity Commissioners	Tracey Walton

Agenda Item 4	Learning Disability and Programme Board	Action and Due Date
4.1	We continued the conversation of whether the Norfolk Autism Partnership Board should have representation on the Learning Disability and Autism Programme Board.	
	The consensus for this was that we should.	
4.2	RG has been working with the LD & A programme board to facilitate this. RG was not present that the board meeting so di not comment directly on the progress however it is believed that it is being hindered by the restructure of the ICB.	
	Action: KD to ask RG what the expected time frames are for this	Karen Dures Next Meeting
4.3	There was confusion among multiple members and organisations as to the purpose of the Learning Disability and Autism programme board, and why this could not be overseen by the Norfolk Autism Partnership Board.	
	The LD & A Programme Board is responsible for the running and delivering of services for autistic people and people with a learning disability.	
	Further explanation is needed to understand the difference between the Norfolk Autism Partnership Board and the LD & A programme Board.	
	Action: Lee Gibbons to try to arrange a presentation on the purpose and structure of the LD & A Programme Board.	Lee Gibbons Next Meeting

Agenda Item 5	Break	Action and Due Date
5.1	A ten-minute break was held	

Agenda Item 6	Social Care Conversations	Action and Due Date.
6.1	LE presented the work that the Autism Social Care Reference Group had been carrying out. They were tasked with creating better information for autistic people to prepare them for a meeting with Adult Social Services.	
6.2	Two documents have been created: -Introduction to a Social Care Conversation (2 pages long) -Guide to a Social Care Conversation (Longer document with space for notes)	
	Action: Publish these documents to the NAPB website for information.	Lee Gibbons As soon as
		possible
6.3	These guides will be sent to all social care teams via the Norfolk County Council Intranet. The guides can be emailed or posted to autistic people before their first meeting There is also a version available for any assessments that happen over the phone.	
6.4	Question: Can guides like these be produced for Children's Services?	
	KD said that she was unable to answer this but would be happy to take an action away to enquire further with Children Services about the possibility.	Karen Dures Next Meeting

Agenda Item 7	Charging Reference Policy	Action and Due Date.
7.1	Claire Sullivan and Susanne Baldwin (Norfolk County Council) Joined us to talk about the current consultation for the Charging of non-residential care packages and the Minimum Income Guarantee.	
7.2	The Presentation is attached to these minutes.	
7.3	Points raised from the discussion: It is important to have the voices of those that this will affect represented. - Could this be introduced in a tapered / staggered way as it could be a large shock to those who must pay an increase - There would be no backdating of any charges. - There should be more transparency around the consultation and the history of the Minimum Income Guarantee - There is no option 3 of no change.	

	Action: If required set up a group of people to go through the consultation in greater details and put together a group response	Lee Gibbons Mid- April 2024
	Consultation closes 19 th May	
7.4	Consultation link: https://norfolk.citizenspace.com/health/non-residential-care-charging-policy/	

Agenda Item 8	Norfolk Autism Strategy Refresh	Action and Due Date.
8.1	The Autism Strategy Group are currently writing the draft Norfolk All Age Autism Strategy	
8.2	We are holding an Extra-ordinary meeting on the 30 th April for members to provide feedback on the draft strategy and consider how to implement the strategy through an annual plan prior to governance and sign off by all partners organisations.	
8.3	For the meeting in April members are asked to: -read the draft strategyconsider approaches to deliver the strategy - think about how we can launch the refreshed strategy	
8.4	Action: The draft strategy will be distributed to all members on the 16 th April.	Lee Gibbons 16 th April '24

Agenda Item 9	Any Other Business	Action and Due Date.
9.1	It was acknowledged that Autism acceptance week was being held between the 2 nd April – 8 th April and that there was a lack of things for Adults planned during this week. There was an ask of the Board to be more proactive in its planning of events for Autism Acceptance Week 2025.	
9.2	Details of what had been planned can be viewed on the Norfolk County Council Website: https://www.schools.norfolk.gov.uk/article/52885/Whatis-Norfolk-Autism-Acceptance-Week	

Agenda Item 10	Close of Meeting	Action and Due Date.
10.1	Co-Chairs thank all participants for coming and notified everyone of the next meeting date.	

Date, time and location of next meeting
Tuesday 30 th April 2024 11:00-13:00

Upcoming Meeting Dates

Tuesday 28 May 2024

Tuesday 30 July 2024

Tuesday 24 September 2024 Tuesday 26 November 2024

Tuesday 28 January 2025 Tuesday 25 March 2025

Tuesday 27 May 2025

Tuesday 29 July 2025

Tuesday 30 September 2025

Glossary

ANF Autism Norfolk Forum

ASD Autism Spectrum Disorder

CQC Care Quality Commission

ICB Integrated Care Board

FOI Freedom of Information

GDPR General Data Protection Regulations

LD & A Board Learning Disability and Autism Programme Board

LDP Learning Disability Partnership

LDPB Learning Disability Partnership Board

NAP Norfolk Autism Partnership

NAPB Norfolk Autism Partnership Board

NAS National Autistic Society

NCC Norfolk County Council

NCH&C Norfolk Community Health and Care

NSFT Norfolk and Suffolk Foundation Trust

SEND Special Educational Need and Disabilities

UEA University of East Anglia

WAW World Autism Week

WG Lead Working Group Lead

TO INCLUDE CHARGING REFERENCE POLICY SLIDES TO FINAL MINUTES