Could you help us set priorities for mental health research in Norfolk and Suffolk ?



Are you aged 16 to 25 years? A research team at the University of East Anglia are talking with young people with lived experience of mental health difficulties who live in rural or coastal areas to find out what matters to you in providing the best mental health care, and what you think are the most important gaps in knowledge about mental health. We are also keen to hear from people from different ethnic backgrounds and protected characteristics such as LGBTQ+ people.



- Taking part would involve a group discussion with other people, or a one-to-one discussion with a researcher.
- This will take place locally to you, and travel expenses will be provided.
- You will be asked about things that could affect your mental health, and how we better support mental health.
- You will be offered a £25 gift voucher to thank you for your time.

For more information on the study or to take part, please contact **mental.health@uea.ac.uk**

This study has received ethical approval (ETH2324-2542).



scan the QR code here, or visit https://tinyurl.com/MHDA RegisterInterest

All information collected will be stored in compliance with the 2018 Data Protection Act and the 2018 General Data Protection Regulation. All information will be stored on a secure UEA computer and will only be looked at by the research team. The findings of the research may be used in academic publications, conference presentations, reports for external organisations and on websites. Research data will be stored for 10 years and then destroyed.

NIHR National Institute for Health and Care Research

University of East Anglia